

Curriculum Vitae

Personal Data

Name: Mehdi

Surname: Nasr Esfahani

Father's name: Hossein

Data and Place of Birth: 25/04/1956 Esfahan-Iran

Sex: Male

Marital Status: Married

Address: Hazrat Rasool-e-Akram Medical Complex, Niayesh St., Sattarkhan Ave., P.O. Box: 14455/364 Tehran, Iran

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Educational Background

- 1) Primary: Azadan Elementary School, Esfahan-Iran.
- 2) High School: Saadi High School, Esfahan-Iran.
- 3) College: MD. Faculty of Medicine Esfahan University, Iran 1981.
- 4) Board Certification in Psychiatry, Faculty of Medicine, Esfahan University, Iran 1991.
- 5) Short Term Courses:
 - a) Family Therapy, Shahid Beheshti University of Medical Sciences 1995.
 - b) Drug Demand Reduction Study Tour in Pakistan and Thailand, UNDCP, 2001.
- 6) Special Workshops
 - a) Problem Based Learning, 1995
 - b) Suicide Prevention, 2000, WHO
 - c) Research Methodology, 1995
 - d) Teaching Methodology, 1997

Professional Experience

- Professor of Psychiatry, Iran University of Medical Science (1991-present).
- Scientific Secretary of the First National Congress on Psychiatric Patients' Legal Rights: Issues & Challenges (2019)
- Member of Editorial Board of Journal of Current Psychosomatic Research (Mazandaran University of Medical Sciences), (2022- present)
- Member of the board of Iranian Psychiatric Association (2017- 2020)
- Chairman of The Ethics and law Committee of Iranian Psychiatric Association (2017 – present)
- Member of the board of Iranian Psychosomatic Association (2016- present)
- Member of National Board Examiners, Ministry of Health and Medical Education (1995- 2015)
- Member of the Educational Committee, Iran University of Medical Sciences (2014 -2016)
- Member of the Ethics in Medical Research Committee, Iran University of Medical Sciences (2014-present)
- Chairman of the Board of Appeals for Violations of University Professors (2014- 2022)
- Secretary of the Medical Ethics Committee, Hazrat Rasoul Medical Complex, Iran University of Medical Sciences (2012-2016)
- Member of the Research Committee, Iran University of Medical Sciences (2006 -2011)
- Director of Mental Health Research Center, Tehran Psychiatric Institute (2006- 2009)
- Member of The Ethics and law Committee of Iranian Psychiatric Association (2004 – present)
- Head of the Psychiatric Ward, Rasool-e- Akram Medical Complex (2000-2017).
- Member of the Board of Iranian Schizophrenia Association (2000-2005, 2018-present).
- Member of Editorial Board of Journal of Research in Behavioral Science (Isfahan University of Medical Sciences), (2007- 2013)
- Member of Editorial Board of Journal of Audiology (Tehran University of Medical Sciences, Faculty of Rehabilitation), (2005- 2009).
- Member of Editorial Board of Journal of Psychiatry and Clinical Psychology), (1999-2022).

- Research Deputy, Department of Psychiatry Iran University of Medical Sciences (1998-2006).
- Member of the Continuing Education. Iranian Psychiatric Association (1998-2002).
- Member of the Psychiatric Committee of Medical Supreme Council, Ministry of Health and Medical Education (1998-2012).
- Scientific Secretary of the Second National Congress on Stress Iran University of Medical Sciences (1999)
- Head of Research Unit, Tehran Psychiatric Institute (1998-2003).
- Member of Iran Epilepsy Association (1993-1998).
- Dean of the Faculty of Medicine, Iran University of Medical Sciences (1996-1998).
- Member of the Evaluation Committee, Faculty of Medicine, Iran University of Medical Sciences (1994-1998).
- Member of National Examiners, Ministry of Health and Medical Education (1996-2001).
- Member of the Research Committee, Faculty of Medicine, Iran University of Medical Sciences (1995-2000).
- Deputy of Clinical Education and Training, Faculty of Medicine, Iran University of Medical Sciences (1995-1996).
- Member of the Research Committee, Tehran Psychiatric Institute (1993-present)
- Medical Director, Shahid Esmaili Psychiatric Hospital, Tehran (1993-1995).
- Member of the Medical Committee, Social Security Organization (1991-1995).
- Executive Director, Psychiatric Clinic, Tehran Psychiatric Institute (1992-1995).
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Publication

Articles

- .
1. Razieh Salehian, Mehdi Nasr Esfahani, Daem Roshani and Mahnaz Abdi (2022);
Evaluation of Psychiatric Counseling for Patients Hospitalized with COVID-19 in

- University-Affiliated General Hospital in Tehran, Iran. Iran J Psychiatry Behav Sci. 2022 September; 16(3):e117608
2. Arsia Taghva, Ahmad Ali Noorbala, Mojgan Khademi, Alireza Shariari, **Mahdi Nasr Esfahani**, Ali Asadi, Jafar Mohsenifar, Ali Yousefifard, Moussa Abolhassani, Jafar Bolhari, Ahmad Hajebi, Amir Mohsen Rahnejat and Shahed Haghghadam (2022), Clergy's Viewpoint Change Toward Mental Health and Stigma on Mental Illness: A Short Course Training, Front. Psychiatry, 0<https://doi.org/10.3389/fpsy.2022.864806>
 3. Razieh Salehian¹, Arezoo Samadi, Nooshin Khademoreza¹, **Mehdi Nasr Esfahani**, Atefeh Ghanbari Jolfaei and Elham Shiraz (2020), Factitious Trauma in a Patient with a History of Kidnapping and Rape, J Trauma Stress Disor Treat 2020, 9: DOI: 10.37532/jtsdt.2020.9(2).200
 4. Mahboubeh Dadfar, Ali Asghar Asgharnejadfarid, Agha Fatemeh Hosseini, **Mehdi Nasr Esfahani**, David Lester & Zornitsa Kalibatseva, (2020), Measuring somatic symptoms with the PHQ-15: a comparative study of three Iranian samples, Mental health, Religion & Culture; <https://www.tandfonline.com/eprint/VR64YQ5YCYS76KQUGVVI/full?target=10.1080/13674676.2020.1718069>
 5. **Mehdi Nasr Esfahani**, Jafar Attari Moghadam, (2017), Development of the Draft of Law (Mental Health Act), Iranian Journal of Psychiatry and Clinical Psychology, 2017, spring; Vol, 23: 50-66
 6. Atefeh Ghanbari Jolfaei, Borzooyeh Naji, **Mehdi Nasr Esfahani** (2016), Repetitive Transcranial Magnetic Stimulation in Resistant Visual Hallucinations in a Woman With Schizophrenia: A Case Report, Iran J Psychiatry Behav Sci. 2016 March; 10(1)
 7. Mahboubeh Dadfar, David Lester, Mohammad Kazem Atef Vahid³ and **Mehdi Nasr Esfahani** (2016) The psychometric parameters of the Farsi form of the Kessler Psychological Distress Scale (K10) in psychiatric outpatients, **International Journal of Medical Research & Health Sciences**, 2016, 5, 2:1-7

8. **Mehdi Nasr Esfahani**, Gholamreza Mirsepassi and Mohammad-Kazem Atef-Vahid (2015),
Development of mental health law in Iran: work in progress, **BJPSYCH
INTERNATIONAL** Vol. 12 Number. 3 August 2015
9. **Mehdi Nasr Esfahani**, Mojgan Behzadipour, Amirhossein Jalali Nadoushan, Seyed Vahid Shariat (2014) A pilot randomized controlled trial on the effectiveness of inclusion of a distant learning component into empathy training **Medical Journal of the Islamic Republic of Iran(MJIRI)**,Vol. 28.65.14 July2014
10. Atefeh Ghanbari Jolfaei,1 Borzooyeh Naji, **Mehdi Nasr Esfahani** (2012); Repetitive Transcranial Magnetic Stimulation in Resistant Visual Hallucinations in a Woman with Schizophrenia: A Case Report, *Iran J Psychiatry Behav Sci.* 2016 March; 10(1)
11. Atefeh Ghanbari Jolfaei, **Mehdi Nasr Isfahani**, Fatemeh Shoyookhi (2012).
characteristics of Psychiatric Visits to the Emergency Department of Rasoul-e-Akram Hospital, Tehran, Iran. **Iran J Psychiatry Behav Sci**, Vol 6, Number2, Autumn / Winter 42-47
12. Atfeh Ghambari Jolaei; **Mehdi Nasr Esfahani**. (2012). Trends of Psychiatric Consultation in Rasoul Akram Hospital. **Iranian Journal of Psychiatry and Clinical Psychology**, Vol. 18, No. 1, Spring 2012, 61-66ic
13. Atfeh Ghambari Jolaei; **Mehdi Nasr Esfahani**; Reza Bidaki. (2011). Folie a deux and delusional disorder by proxy in a family. **JRMS/March 2011; Vol 16, Special Issue.**
14. Mohammad-Kazem Atef-vahid; **Mehdi Nasr Esfahani**; Mohsen Saberi Esfeedvajani; Homayoon Naji-Isfahani; Mohammad Reza Shjaei; M. yasavoli M; S.ashrafodin Goushegir, (2010). Quality of life, Religious Attitude and Cancer Coping in a Sample of Iranian Patient with Cancer. **JRMS/June 2011; Vol..16, No 6.**

15. **Mehdi Nasr Esfahani**; Aziz Afkham Ebrahimi; Behrouz Birashk; Serve Faraji; Asma Aghebati. (2010). the frequency and pattern of use in outpatients of general hospital. *Medical Journal of the Islamic Republic of Iran, Vol .24, No. 3, Novamner.*
16. Arsia Taghva; Leili Panahghi; Maryam Rasoolian; Jafar bolhari; Mehran Zarghami; **Mehdi Nasr Esfahani**, (2010). Evaluation of Reliability and Validity of the Psychiatry OSCE in iran. *Academic Psychiatry, 34:2, March- April*
17. **Nasr-Esfahani M.**; J. Attari-Moghadam, J.; Ghalebani, M.F.; Saberi, S. M.; Samini Ardestani, S. M.; Gharraee, B. & Shirazi, E. (2008). Involuntary treatment and hospitalization: Review of mental health Acts. *Iranian Journal of Psychiatry and Clinical Psychology*, Vol. 14, No. 1. Spring.
18. Eftekhari-Ardabili, M.; **Nasr-Esfahani, M.**; Rassulian, M. Ghalebani, M. F.; Daneshamuz, B.; Salehi, M. (2007). Prevalence of cigarette smoking in Tehran: a household study. *Iranian Journal of Psychiatry and Behavioral Sciences*, Vol. 1, No. 2, Winter
19. Aram Hamidi, Bijan Jahangiri, **Mehdi Nasr Esfahani** , Mahbuobeh Dadfar (2007). Naltrexone in Obsessive-Compulsive Disorder: an Open- Label Trial. *Iranian Journal of Psychiatry and Behavioral Sciences(IJPBS) , Volume 1, Number 1, Spring and Summer 2007 : 16-21 .*
20. Gharaipoor, M.; Atef-Vahid, M. K.; **Nasr-Esfahani, M.**; Asgarnejad-Farid, A. A. (2007). Neuropsychological function in patients with major depressive disorder and suicidal attempt. *Iranian Journal of Psychiatry and Clinical Psychology*, Vol. 12, No. 4. Winter
21. Taghva, A.; Rasoulia, M.; Panaghi, L.; Bolhari, J.; Zarghami, M.; **Nasr-Esfahani, M.**; Hodges, B. (2007). Validity and reliability of the first objective structured clinical examination (OSCE) in Psychiatry in Iran. *Iran Journal of Psychiatry and Clinical Psychology*, Vol. 13, No. 1. Spring.
22. Hamidy, A.; Dadfar, M.; Jahangiry, B.; **Nasr-Esfahani, M.**; Dadfar, F. (2006). The study of the effect of naltrexone on reduction of severity of obsessive-compulsive disorder (OCD). *Scientific Journal of Kurdistan University of Medical Sciences*, Vol. 11, No. 2. Summer.

23. Eftekhari-Ardabili, M.; Salehi, M.; Gharai, B.; Daneshamuz, B.; **Nasr-Esfahani, M.**; Ghalebani, M. F. (2006). A household study on the prevalence of substance misuse in Tehran: the need for other methods to estimate the prevalence. *Iranian Journal of Psychiatry*. Vol. 1, No. 4, Fall.
24. Atef-Vahid, M. K.; **Nasr-Esfahani, M.** et al. (2006). Standardization of the Persian Version of the California Psychological Inventory (PCI). *Andeesh Va Raftar*, Vol. 11, No. 4, Winter.
25. Nohesara, Sh.; **Nasr Esfahani, M.**; Afkhami Ebrahimi, A. (2005). The Survey of Opium Use Frequency in Admitted Patient at Rasoul-e-Akram Hospital. *Andeesh Va Raftar*, Vol. 10, No. 3, Winter.
26. Attar, H.; Afkham Ebrahimi, A.; **Nasr Esfahani, M.** (2004). Alcohol Use in Hospitalized Patient at Hasrat-e-Rasoul Hospital. *Andeesh Va Raftar*, Vol. 10, No. 1 & 2, Summer & Fall.
27. Afkham Ebrahimi, A.; **Nasr Esfahani, M.**; Saghafi, N. (2004). Patients' Expectations and Satisfaction with their Treating Physician. *Journal of Iran University of Medical Sciences*, Vol. 11, No. 41. Extract 1.
28. Malakouti, K.; Noori, R.; Naghavi, M.; Ahmadi Abhari, A.; **Nasr Esfahani, M.**; Afghah, S.; Salehi, P.; Hemati, M.A.; Moghadamnia, M. (2003). The Burden of Caregivers of Chronic Mental Patients and their Needs to Care and Therapeutic Services. *Research Journal Hakim*, Vol. 6, No. 2, Summer.
29. Ahmadi Abhari, S.A.; Bolhari, J.; Alaghband Rad, J.; Malakooti, K.; **Nasr Esfahani, M.**; Razzaghi, E. M.; Sadeghi, M.; Yasamy, M. T. (2003). *Mental Health Effect of Iraqi Invasion of Kuwait in a War-Torn Population in Iran: An Epidemiological and Financial Study of the Consequences of the Kuwaiti Oil Well fire Disaster in Affected Population of Iran in Aftermath of Iraqi Invasion of Kuwait in 1991*. (Monitoring and Assessment Project No. 5000392, United Nation's Compensation Commission). Tehran: Ministry of Health and Medical Education Islamic Republic of Iran.
30. **Nasr Esfahani, M.**; Hamidi, A. (2001). The Effect of Bromocriptine on the Negative

Symptoms of Schizophrenia: A Double Blind Study. *Journal of Iran University of Medical Sciences*, Vol. 8, No. 25, Fall..

31. Malakouti, K.; Noori Ghasemabadi, R.; **Nasr Esfahani, M.** (1999). The Role of Continuos Care Team on Outpatient of Chronic Psychiatric Patient. *Andeeshe Va Raftar*, Vol. 4, No. 3, Winter.
32. Sohrabi, H.; Ashayeri, G.; **Nasr Esfahani, M.** (1998). Retrieving from Visual Memory in Schizophrenics, Right Hemisphere Brain Damaged and Normal Group. *Andeeshe Va Raftar*, Vol. 4, No. 7, Fall.
33. **Nasr Esfahani, M.**; Nouri Ghasemabadi, R. (1999). Disability and Medical Leave Due to Psychiatric Disorders in Tehran Social Security Organization Clients, *Andeeshe Va Raftar*, Vol. 5, No. 1 & 2, Summer & Fall.
34. **Nasr Esfahani, M.**; Bagheri Yazdi, A. (1998). Investigating Stressors in an Industrial Setting, *Andeesheh Va Raftar*, Vol. 3, No. 3, Winter.
35. Palahang, H.; **Nasr Esfahani, M.** (1996). Epidemiology of Mental Disorders in Urban Areas of Kashan. *Andeeshe Va Raftar*, Vol. 2, No. 4. Spring.
36. Yaghubi, N.; **Nasr Esfahani, M.**; Shahmohammadi, D. (1995). Epidemiology of Mental Disorders in Urban and Rural Areas of Sowmaesara-Gilan. *Andeeshe Va Raftar*, Vol. 1, No. 4, Spring.

Books

- 1) Haraton Davidian, at al, (**Mehdi Nasr Esfahani**) Diagnosis and treatment of Depression in Iranian Culture, The Academy of Medical Sciences, **2022**
- 2) Iraj Siassi, **Mehdi Nasr Esfahani**, Developments in psychiatric services in Iran during the years 1974 to 1978, **2022**
- 3) M.F. Ghaleh Bandi et al (**Mehdi Nasr Esfahani**), Textbook of Sleep Medicine, (Section: Chronobiology) 2021

- 4) Glen O. Gabbard, Laura Weiss Roberts, Hilly Crisp-Han, Valdersha Ball, Gabrielle Hobday, Funmilayo Rachal, Professionalism in Psychiatry, editor: **M. Nasr Esfahani**
- 5) S. Moudi, M. Nasr Esfahani, A. ghanbari, R. Salehian, N. Nikbakhsh, F. Farhad; Cancer and its Psychological Aspects 2021
- 6) Ekkehard Othmer, M.D., Ph.D. Sieglindde Othmer Ph.D.. The Clinical Interview Using DSM-5, Volume 2: The difficult Patient; Author &Translator; **M. Nasr Esfahani**; 2019
- 7) Ekkehard Othmer, M.D., Ph.D. Sieglindde Othmer Ph.D (2018). The Clinical Interview Using DSM-5, Volume 1: Fundamentals; Author and Translator **M. Nasr Esfahani**; 2018
- 8) M.F. Ghaleh Bandi et al (**Mehdi Nasr Esfahani**),Textbook of Sleep Medicine, (Section: chronobiology) 2016
- 9) Mahboube Dadfar, **Mehdi Nasr Esfahani**, M. K. Atef Vahid, P. H. Kolivand, Psychological Care for Cancer Patients 2015
- 10) A. Shabani, A. Ghanbari Jolfaei, M. Arbabi, A. A. Nejatisafa, **M. Nasr Esfahani**.(2016); Psychiatric Consultation Through Clinical Cases,
- 11) Mahbobeh Dadfar, **Mehdi Nasr Esfahani**, Mohammad-Kazem Atef-Vahid,(2015) Psychological care for patient with cancer.
- 12) **Mehdi Nasr Esfahani** and Psychiatric professors of Iran universities of Medical Science (2011) Textbook of Clinical Psychiatry & Behavioral Sciences edited by M.F. Ghalebadi (page 454-462)
- 13) Ekkehard Othmer, M.D., Ph.D. Sieglindde Othmer Ph.D. (2002). The Clinical Interview Using DSM-IV-TR, Volume 2: The difficult Patient; Translated by **M. Nasr Esfahani**; 2011
- 14) Ekkehard Othmer, M.D., Ph.D. Sieglindde Othmer Ph.D (2002). The Clinical Interview Using DSM-IV-TR, Volume 1: Fundamentals; Translated **by M. Nasr Esfahani**; 2011.
- 15) J. Bolhari, **M. Nasr Esfahani**, M. F. Ghalebadi, A. Taghva, G. Mirsepasi, M. Kazemzadeh. (2008) Educational Guideline of OSCE in Psychiatry
- 16) K. Skinner, F. Snoek, (2005) Psychology in Diabetes Care; Translated by M. Shoushtari, M. Arzaghi, **M. Nasr Esfahani (Editor)**. (2008)

- 17) Michael, A., (2004). OSCEs in Psychiatry, Translated by A. Ttaghva, **M. Nasr Esfahani**; 2006.
- 18) **M. Nasr Esfahani**, (2003). My world. Experiences of a Schizophrenic Patient.
- 19) **M. Nasr Esfahani**, Psychological aspect of pelvic floor disorders. In Mahjoubi, B.; Mirzaei, R Pelvic Floor Disorders: Multi-Disciplinary Management (Page. 193-198).
- 20) Blumenfield, M.; Tiamson, M. (2003). Consultation/Liaison Psychiatry Translated by A. Afkham Ebrahimi, **M. Nasr Esfahani**, S. Nohesara, 2005.
- 21) WHO (2000). Evaluation of Psychoactive Substance Use Disorder Treatment, Facilitator's Workshop Guide Translated by **M. Nasr Esfahani**, M. K. Atefvahid, R. Noori, M. Mahmmod 2004.
- 22) WHO (2000). Evaluation of Psychoactive Substance Use Disorder Treatment, Workbook 5: Cost Evaluations Translated by **M. Nasr Esfahani**, B. Gharaee 2004.
- 23) Ekkehard Othmer, M.D., Ph.D. Sieglindde Othmer Ph.D. (1995). The Clinical Interview Using DSM-IV, Translated by H. Arumandi, M. beheshti, **M. Nasr Esfahani; 1377 (Editor)**